Suicide is a growing public health issue that is gaining attention both nationally and locally in the State of Utah. In this presentation, we will review suicide data in Utah, discuss what may cause someone to have thoughts of suicide, and ways to support those who may be experiencing a mental health crisis -- with special considerations and tips for suicide prevention during COVID-19. This workshop is being offered at no cost.

Allison Foust, MHA, CHES
Suicide Prevention Administrator
Allison is a Certified Health Education Specialist and holds a Master’s degree in Health Administration from Weber State University. Allison serves as the State Coordinator and Suicide Prevention Administrator at the Utah Department of Human Services. She works to support and implement statewide suicide prevention initiatives and programs by engaging community leaders and organizations in evidence-based strategies.

Call 801-262-9619 or visit blomquistthale.com to reserve a seat!