

# BH

# ONLINE WORKSHOP



## COVID-19 FAQ'S: KIDS EDITION

This presentation covers frequently asked questions by children on COVID-19 such as what it is, why all the restrictions are in place, how to stay healthy with COVID, what some of the things they heard mean, and ways to cope with the stress of all these changes. The presentation will use **kid-oriented language meant for children under 10 but all ages are welcome.**

This workshop is being offered at **no cost.**

### **Elizabeth Brummett, LCSW**

Elizabeth received her bachelor's degree from Weber State University, her Master's degree from University of South Carolina, and her doctorate degree from Walden University. She has experience in play therapy, family therapy, parenting, grief, and Autism Spectrum Disorder. Elizabeth enjoys working with children, parents, families, older adults, and anyone seeking genuine support/help.

**April 14th**  
**1:00 p.m. - 2:00 p.m. MST**

Event Location:  
Online!

Call **801-262-9619** or visit  
**blomquisthale.com** to reserve a seat!